

## EXPLORING SPIRITUALITY DAY APPLICATION FORM

*St Albans Diocese*

**Everyday ICONS:** Finding God in everyday life

SATURDAY 17<sup>TH</sup> OCTOBER 2009 - 10am-3pm

All Saints Church & Richard Hale School, Hertford



**Name:**

**Address:**

**Telephone:**

**E-mail:**

### Workshops

- 1) *Breaking News: using the media to inform our prayer* – led by Brian Draper
- 2) *Every Bush is burning: desert, silence and contemplation* – led by Alan Stewart
- 3) *How was your day?: reflecting on life with the Examen* – led by Deborah Snowball
- 4) *(Un)chained melody: exploring the implications of a Rule of Life* – led by John Chapman
- 5) *Stop! Don't de-clutter it all: praying through the everyday* – led by Jon Evens
- 6) *Help! My life's a mess!: Do we need a "tidy" life?* – led by Richard Watson

**Choice of Workshops in order of preference. If left blank, we will make the decision for you!**

- 1)
- 2)
- 3)
- 4)

Do you have any needs which it might be helpful for us to know about? (eg: wheelchair access, large print versions of hand-outs, hearing loops, finding walking distances/uneven surfaces a problem etc)

Please enclose £7.50 and an SAE (at least 9" x 6.5"). Cheques to '**St Albans Spirituality Initiative**'.

**Signed:**

**Date:**

**Please return to:** Mrs Fiona Di Leo – Administrator: Exploring Spirituality Day  
Diocesan Initiatives in Spirituality  
41, Holywell Hill  
St Albans  
Herts AL1 1HE

Please contact the Administrator for extra copies at the above address, by phone on 07803246406 or by e-mail on [disadministrator@stalbans.anglican.org](mailto:disadministrator@stalbans.anglican.org).

***Each participant must complete a separate form.***  
**Please return completed forms by 8<sup>th</sup> September 2009.**