

The Board for Church and Society

Chairman of the Board: Mr Simon Best



The Diocese
of St Albans

July 2009

Dear Friend

Sponsored Sleep-out

Thank you for requesting further information about the sponsored sleep-out at St Albans Abbey which will begin at 9pm on Friday 4th December and end at 7am the next morning. There will be a formal registration when you arrive followed by worship at approximately 9.30pm. There will be time to socialise over refreshments before bedding down around the outside of the Abbey. Please complete the enclosed registration form and hand it in at the registration area to save you time. We would point out that there will be **NO car access** to the Abbey precincts and suggest the use of Westminster Lodge swimming pool car park at the bottom of Holywell Hill. A map of local car parks is included.

The aim of the sleep-out is to raise awareness of homelessness and to raise funds for six local charities dedicated to helping homeless people: **Centre 33**, in St Albans, **Dacorum Emergency Night Shelter**, **Leighton Linslade Homeless Service**, **Luton Accommodation & Move-on Project**, **Open Door** in St Albans and **Watford New Hope Trust**. I hope you will find the experience rewarding and be able to raise money through sponsorship for these worthwhile projects. The charity of your choice would be pleased to hear from you before the sleep-out.

Please read the list on the sponsor form of what you, and any others who might come with you, will need to bring on the night. Free hot drinks, toilet facilities and first aid will be available during the night. Emergency shelter will be available in extreme weather conditions.

There is no age limit for those taking part in the sleep-out. However, we cannot take responsibility for those under 18 years. They are welcome as members of an organised group **with the correct ratio of one adult over 21 years to eight young people maximum** and a **completed sleep-out registration form giving parental and medical consent**. **If as a group leader you are bringing young people under 18 years, please complete the enclosed form listing their names.**

You will see from the sponsor form that we ask you to make your sponsorship cheque payable to only **ONE** of the above charities. Please ensure that all sponsorship money and sponsorship forms are sent direct to the charity of your choice as soon as possible after the event and no later than 31st January 2010.

Yours sincerely

Brian Peyton
Sleep-out Co-ordinator

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