

CLASS BASED WORSHIP PLAN

WEEK 5: WORSHIP

If weather permits, go outside with the class.

As a class, you could:

- Write prayers/thank you messages to God using natural material.
- Give pupils bubbles. Pupils could blow them as a sign of letting go of worries, or as a sign of sending out prayers. These could be stated out loud, or kept silent.
- Sit together as a class, be still and contemplate the outdoors. The weather, the clouds, nature, life around them
- Photo activity - ask pupils to consider where would be the best locations outside which would have the caption 'God in this Place'

Perhaps pupils could be given a choice between a few.

Alternatively...

Consider the 'Sacrament of the present moment'.

Are we sometimes so focused on what happens in the past, or worrying/wishing for the future, that we forget about the here and now? To what extent do we think this is true?

Give each pupil a satsuma (or something similar which requires eating in steps). Ask pupils to eat a segment one at a time, but challenge them to not think about unraveling or eating the next segment until that segment is finished. Just enjoy, and make the most of, the present satsuma segment.

How could we apply this to our lives today? Pray that we can live more in the present moment.