

# CONFIRMATION RESOURCES FOR YOUTH LEADERS



Going Deeper into God • Transforming Communities • Making New Disciples

The St Albans Diocesan Board of Finance, a company limited by guarantee registered in England and Wales No 145227. Registered Charity No 248887

Registered Office: **Holywell Lodge, 41 Holywell Hill, St Albans, Herts. AL1 1HE**

Switchboard: 01727 854532 Fax: 01727 844469 Web: [www.stalbans.anglican.org](http://www.stalbans.anglican.org)



Confirmation marks the point in the Christian journey at which a person affirms for themselves the faith into which they have been baptized and their intention to live a life of committed discipleship. This affirmation is confirmed through prayer and the laying on of hands by the confirming bishop. The Church also asks God to give the confirmation candidate power through the Holy Spirit to enable them to live in the way of Jesus.

On the following pages you will find a selection of resources you can use with young people prior to their confirmation.

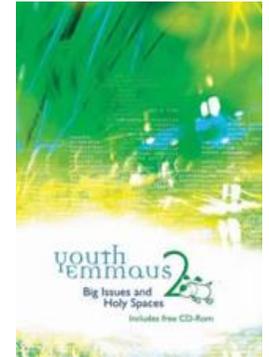
This is not an exhaustive list - if you come across any good resources which are not listed, do get in touch with us in the Youth Office so we can share them with other youth leaders.

St Albans Diocesan Youth Service  
E: [yac@stalbans.anglican.org](mailto:yac@stalbans.anglican.org)  
W: <https://www.stalbans.anglican.org/yac>

## Youth Emmaus 2 Big Issues and Holy Spaces

by Dot Gosling, Sue Mayfield, Tim Sledge,  
Tony Washington

Church House Publishing  
ISBN: 9780715140482



Youth Emmaus 2 is a fourteen-session interactive discipleship course for young people, designed to help 11- to 16-year-olds integrate their faith into life and to equip them as worshippers and disciples. It breaks down into two sections - Big Issues and Holy Spaces.

Big Issues (Sessions 1-7) tackles Jesus' sermon on the mount, engaging with issues like poverty and injustice, forgiveness and reconciliation, dreams and passions.

Holy Spaces (Sessions 8-14) explores creative ways of worshipping together - from protest to praise.

Each session includes detailed leaders' notes, ice-breakers, theme-focused activities, ideas for worship and multimedia suggestions. It's suitable as a discipleship course, a post-confirmation resource, or a framework for a series of one-off events or a youth residential.

It's ideal as a follow-on from Youth Emmaus or as stand-alone material to help young people grow in discipleship. The free CD-ROM includes handouts, resource sheets, PowerPoint presentations, cartoons and graphics, a youth Emmaus poster and a bookmark.

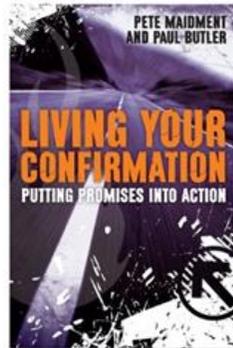
[www.chpublishing.co.uk/books/9780715140482/youth-emmaus-2](http://www.chpublishing.co.uk/books/9780715140482/youth-emmaus-2)

# POST CONFIRMATION RESOURCES

## Living Your Confirmation

by Pete Maidment, Paul Butler

SPCK Publishing  
ISBN: 9780281064625



A funky designed confirmation gift book for the teenage market (11-16).

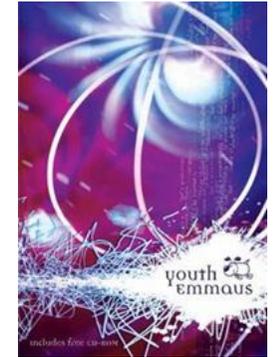
Using the promises made in the confirmation service as a structure, this book focuses on keeping going as a Christian beyond the day itself.

<http://spckpublishing.co.uk/product/living-your-confirmation-2/>

## Youth Emmaus

by Sue Mayfield, Tim Sledge,  
Tony Washington, Stephen Cottrell

Church House Publishing  
ISBN: 9780715143643



*Youth Emmaus* is a course designed to help those aged 11 to 16 explore the basics of the Christian faith. This is no easy task - but Youth Emmaus offers a winning combination of meaty leaders' notes, cool handouts for group members, great cartoons and graphics and a free CD-ROM stacked with other useful resources.

The material is fully road-tested and ideal for youth groups and as a confirmation course for young people. *Youth Emmaus* tackles:

- What Christians Believe (5 Units)
- How Christians Grow (5 Units)
- Living the Christian Life (3 Units)

*Youth Emmaus* also contains a FREE CD-ROM that includes:

- Handouts and supplementary handouts for all sessions as PDF files
- Emmaus Poster
- Downloadable services to use with young people and a section on using Youth Emmaus in an all-age context
- PowerPoint presentation on Youth Emmaus
- Useful links to Emmaus website.

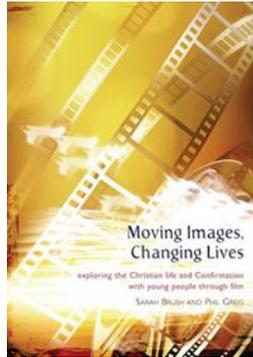
All icons from handouts available in colour in a downloadable format.

[www.chpublishing.co.uk/books/9780715143643/youth-emmaus](http://www.chpublishing.co.uk/books/9780715143643/youth-emmaus)

## Moving Images, Changing Lives

by Sarah Brush, Phil Grieg

Church House Publishing  
ISBN: 9780715142073



Film is one area of popular culture that isn't afraid of exploring life's big ideas and big questions. Even comedy or animated films often have powerful and thought provoking undercurrents.

This resource offers an entirely fresh approach to an introductory course on the Christian faith based on popular films available on DVD. Ideal for those exploring faith for the first time and as a confirmation course, its eleven sessions focus on:

- God
- Jesus
- the Holy Spirit
- the Bible
- Prayer
- the Church
- Communion
- Living the life of faith - and more.

Everything is provided for the busy youth leader: equipment lists, ice-breaking activities, questions for reflection, prayers, and links to online film clips.

[www.chpublishing.co.uk/books/9780715142073/moving-images-changing-lives](http://www.chpublishing.co.uk/books/9780715142073/moving-images-changing-lives)

## Alpha Youth Film Series



The Alpha Youth Film Series is 12 video sessions designed to engage students in conversations about faith, life and Jesus. It's all available for FREE from the Alpha Youth Film Series website.

Twelve episodes filmed in Vancouver, London, Paris and Jerusalem, hosted by youth pastors Jason and Ben, explore:

- Life: Is This It?
- Jesus: Who is He?
- Cross: Why did Jesus Die?
- Faith: How Can We have Faith?
- Prayer: Why and How Do I Pray?
- Bible: Why and How Do I Read the Bible?
- Follow: How Does God Guide Us into Full Life?
- Spirit: Who is the Holy Spirit and What Does He do?
- Fill: How Can I Be Filled with the Holy Spirit?
- Evil: How Can I Resist Evil?
- Healing: Does God Heal Today?
- Church: What about the Church and Telling Others?

Perfect for energetic youth groups and disengaged teens.

[www.alphayouthfilmseries.com](http://www.alphayouthfilmseries.com)

## 100 Things for your Child to know before Confirmation

by Rebecca Kirkpatrick

SPCK Publishing  
ISBN: 9780281072989



A handy checklist of Christian basics for parents and teachers.

Many children today arrive as teenagers at confirmation classes without a basic grasp of key Bible stories and Christian knowledge. Based on the author's own experience as a pastor and teacher, this book lists 100 essentials of biblical and Christian knowledge that all children should know before they are confirmed.

Topics covered include:

- Bible basics
- key Old Testament stories and characters
- the 10 commandments
- The New Testament
- The Gospels
- The life and teachings of Jesus
- The early Church
- worship and sacraments
- world religions.

For each item on the list, the author provides a brief description or explanation, followed by suggestions for exploring the subject with children and young people, including at confirmation level.

<http://spckpublishing.co.uk/product/100-things-for-your-child-to-know-before-confirmation-2/>

## Reconnecting with Confirmation

by Susie Mapledoram, Stephen Lake,  
Pete Maidment

Church House Publishing  
ISBN: 9780715142080



With children taking communion before confirmation now widely practiced in the Church of England, a fresh theological and practical exploration of confirmation is both timely and welcome.

This book will equip clergy, lay church leaders, youth workers and PCCs with a deeper understanding of the origins and theology of confirmation, and of youth culture with its needs for rites of passage that acknowledge within young people an adult faith and an adult position within their church. It will enable churches to put confirmation at the heart of youth discipleship.

It provides:

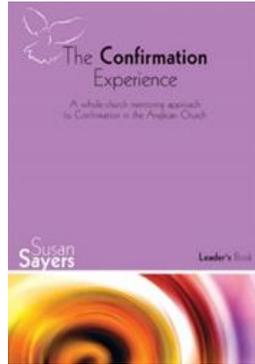
- a clear and comprehensive history of confirmation and its place today.
- a holistic view of adolescence and faith/spiritual development that can inform how we approach and facilitate confirmation.
- a practical guide to creating the best confirmation experience for young people - from preparation, to the rite itself and beyond.

[www.chpublishing.co.uk/books/9780715142080/reconnecting-with-confirmation](http://www.chpublishing.co.uk/books/9780715142080/reconnecting-with-confirmation)

## The Confirmation Experience

by Susan Sayers

Kevin Mayhew Publishers  
ISBN: 9781844176038



The Confirmation Experience aims to celebrate Confirmation in a way that grows a healthy community of Christians.

Using the image of a journey, there are twelve very varied events rather than a course of study, in which all candidates take part together, along with other members of the church community. Each candidate starts a personal logbook and there are four different styles to choose from: 11-14 years, 15-18 years, adult and 11-adult with assistance.

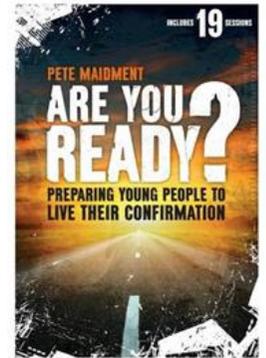
Presentation books of prayers for the newly confirmed help them to think and pray through the issues raised. One version is designed for young people and another for adults. The Confirmation Experience is a whole church community preparation for a life-long journey of faith in Jesus Christ.

[www.kevinmayhew.com/the-confirmation-experience-leaders-book.html](http://www.kevinmayhew.com/the-confirmation-experience-leaders-book.html)

## Are You Ready? Preparing Young People to Live Their Confirmation

by Pete Maidment

SPCK Publishing  
ISBN: 9780281071494



A resource to help leaders prepare young people for confirmation.

This prequel to the confirmation gift book Living your Confirmation (SPCK, 2012) contains 19 ready-to-use, interactive sessions to use with young people who are preparing for confirmation.

The first part of the book focuses on the promises made in the confirmation service and relates to the topics covered in Living your Confirmation, including prayer, Holy Communion, going to church and social action.

The second part includes sessions on sex, alcohol, image, exams, science, pornography and suffering.

An introduction considers the point of confirmation and its role in a young person's faith journey. The book also includes a full programme for a pre-confirmation retreat and a liturgy for the enrolment of confirmands.

<http://spckpublishing.co.uk/product/are-you-ready-2/>