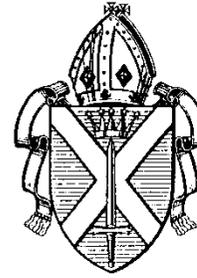


<p><b>YEAR ONE</b></p> <p><b>TERM ONE</b> 2016</p> <p>September 14, 28 October 12, 26 November 9, 23 December 14</p> <p><b>TERM TWO</b> 2017</p> <p>January 11, 25 February 8, 22 March 8, 22</p> <p><b>TERM THREE</b></p> <p>April 26 May 10, 24 June 14, 28 July 12, 26</p>	<p><b>YEAR TWO</b></p> <p><b>TERM ONE</b> 2017</p> <p>September 13, 27 October 11, 25 November 8, 22 December 13</p> <p><b>TERM TWO</b> 2018</p> <p>January 10, 24 February 7*, 28 March 14</p> <p><b>TERM THREE</b></p> <p>April 11, 25 May 9, 23 June 13, 27 July 11, 25</p> <p><i>*First Wednesday in the month</i></p>
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**Prayer and Spirituality  
Resourcing Group**  
*for the Diocese of St Albans*

# Holy Listening

*A Training Course for the  
Ministry of Spiritual Direction*



*Spiritual Advisor Soul Friend  
Spiritual Director Spiritual Companion*

*Living God's Love*

### **Aim**

This Course is designed to equip with the necessary skills and competencies those who have discerned a calling to offer the ministry of Spiritual Direction. It will also allow individuals to continue the process of discernment as to whether this is a ministry and vocation to which they are called.

### **Content and Structure of the Course**

It is anticipated that those who complete the Course will be inspired and equipped as Spiritual Directors in their practice of the charism of Spiritual Direction. On-going support, resources, mentoring and opportunities for development will be provided throughout the Course.

Speakers will be drawn from a variety of settings, traditions and spiritualities, thus bringing a breadth of experience and knowledge to Course participants. Sessions will include the teaching of theory and practice relating to Spiritual Direction, enabling participants to develop a broad understanding of this ministry. Learning will be both experiential and more formal, with opportunities provided for personal reflection. The art of listening will be developed, in addition to a range of 'tools' for use in this particular ministry.

### **Practicalities**

Length: Two years, twenty sessions per year - beginning September 2016 - dates on reverse of this leaflet.

Timings: 7 - 9.30pm, *normally* the second and fourth Wednesday of each month (*see dates on reverse for variations*).

Venue: St Paul's Church, St Albans.

Fees: £250 per year. (Ordained clergy within the Diocese of St Albans are able to use their Training Grant. Readers may also apply to the Diocese for funding.)

### **Eligibility and Selection**

The course is Ecumenical, open to both Lay and Ordained, with the maximum number of participants set at 18. Participants will be expected to have their own Spiritual Director, and to have seen them for a minimum of three sessions before starting the course. Participants will also be expected to make a commitment to attend all sessions of the Course. Please note, 80% attendance in each year will be required for anyone who wishes to be considered for recommendation as a Spiritual Director.

All who apply to participate in this Course will be contacted and, if appropriate, invited to an informal Interview, with a view to deciding whether this is the right course for them as well as whether this is the right time for participation.

All who apply to participate will also need to provide a letter, on one side of A4, to introduce themselves, including a brief outline of why they wish to attend the Course. In addition, a letter of recommendation from their Vicar or Minister (for those Ordained, please ask a colleague).

### **Course Leaders**

Alongside those invited in to teach and lead specific areas of learning, general oversight for the Course will be led predominantly by both:

- Guy Buckler: a retired Priest who has served within the Diocese of St Albans;
- Deborah Snowball: Chair of PSRG, Vicar of Rickmansworth and Rural Dean of Rickmansworth Deanery.

If you would like an informal conversation about the Course, please feel free to contact Deborah on 01923 772627.

### **Applications**

If you are interested in participating in the Course, please send the items listed below - by Friday 1<sup>st</sup> April - to:

The Reverend Deborah Snowball  
The Vicarage, Bury Lane, Rickmansworth, Herts. WD3 1ED

email: [psrgchair@stalbans.anglican.org](mailto:psrgchair@stalbans.anglican.org)

- 1) A letter (on one side of A4) to introduce yourself, including a brief outline of why you wish to attend the Course
- 2) A letter of recommendation from your Vicar or Minister (or Colleague for those Ordained)
- 3) Contact details, including address, email and telephone number