

HOME BASED WORSHIP PLAN

THEME 4: WORSHIP

If weather is good, why not go outside.

You could:

- Write prayers/thank you messages to God using natural materials.
- Use bubbles. Blow them as a sign of letting go of worries, or as a sign of sending out prayers. These could be stated out loud, or kept silent.
- Sit together, be still and contemplate the outdoors. The weather, the clouds, nature, life around them.
- Photo activity - If a photo had the caption, 'God in this Place', what might the this photo show? Could you find this space/create this image and then take a snap?

Alternatively...

Consider the 'Sacrament of the present moment'.

Are we sometimes so focused on what happens in the past, or worrying/wishing for the future, that we forget about the here and now? To what extent do we think this is this true?

Give everyone a satsuma (or something similar which requires eating in steps). Eat a segment one at a time, but challenge everyone to not think about unraveling or eating the next segment until that segment is finished. Just enjoy, and make the most of, the present satsuma segment.

How could we apply this to our lives today? Pray that we can live more in the present moment.