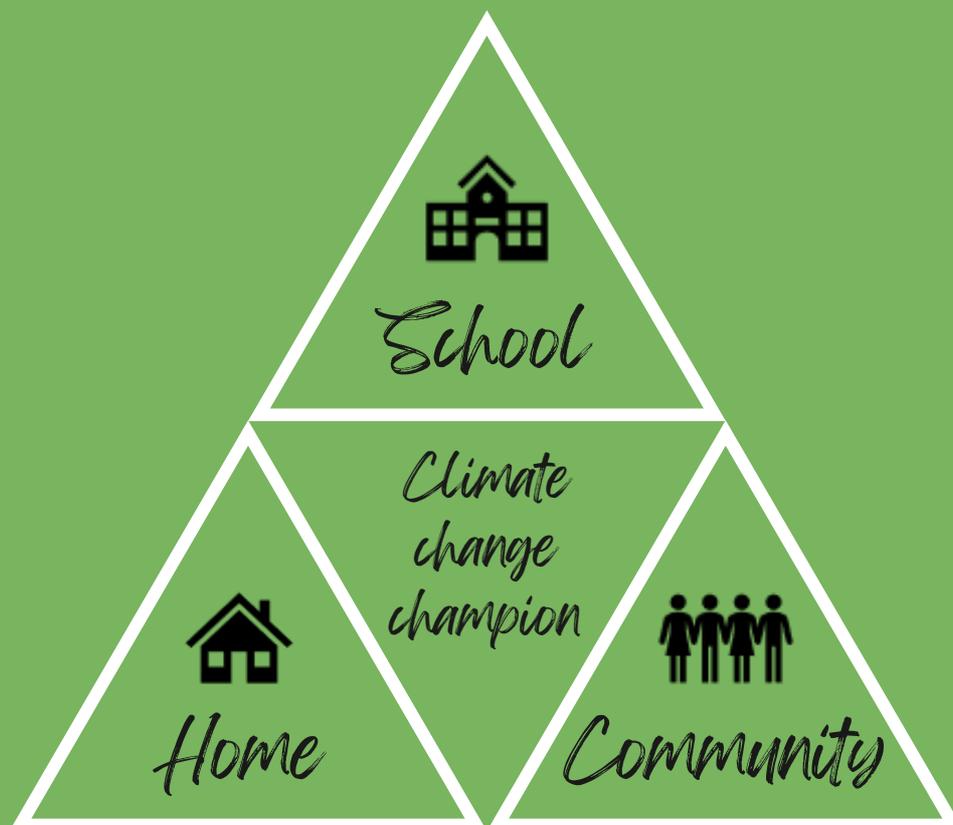


Ideas for spiritual reflection at reflective areas and at home: 'Day 1'

On these pages are ideas for spiritual reflection at reflective areas within classrooms (or other areas of the school site) as well as at home. The ideas within the former draw explicitly upon the research of David Csinos (see pages 6-7 of the Heart for the Earth overview); feel free to adapt or use them as a springboard to think of other ideas for spiritual reflection that the school community will value. The latter provides some newsletter text and ideas you may wish to share with parents/carers to stimulate reflection and practical demonstrations of having a 'Heart for the Earth' at home. These activities will help pupils – and their families – to further reflect upon loving and walking lightly upon the planet we share. In so doing, pupils can become climate champions in a range of contexts[1]:



[1] O'Dwyer, A. 'Exploring climate change education outside the classroom', In Dolan, A.M. *Teaching Climate Change in Primary Schools: An Interdisciplinary Approach* (London: Routledge, 2022), p.141

Ideas for spiritual reflection at reflective areas: 'Day 1'



Word

'To be human is to care for creation'
How important do you think this quote is?



Emotion

(Make available some pens, something to write on and an area where pupil responses can be placed – e.g. post-it notes, speech bubbles, tags that can then be hung on a small wooden tree)

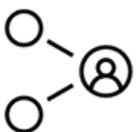
If you could say something to the earth, what would you say? Write your ideas down and place it on/in the tree, display, box



Symbol

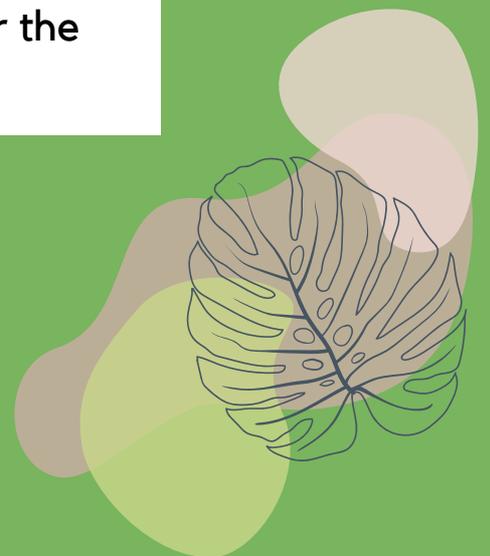
(Print some images of the planet and the natural environment)

Make your hands into a heart shape and place them over images of the natural world. How can you show a heart for the earth today?



Action

Question: how will you show a heart for the earth today?



Heart for the Earth at Home: newsletter text and practical ideas: Day 1

In our collective worship and across school life, we are exploring what it means to have a 'Heart for the Earth'. We have been thinking about why it is important to look after the planet we share, with a particular focus on wise use of electricity. If you'd like to, below are some ideas to further encourage a heart for the earth.

Spend time outside this with your children this Autumn. The stronger our connection to the earth, the more likely we are to care for it. Why not:

- Go on a colour hunt, looking for plants and leaves of different colours
- Look closely at the natural world. Perhaps this could be a scavenger hunt (e.g. flower, berries, animal footprint, bird song) or a game of 'I spy'
- Take time to 'be' outside. Be still and notice what you sense, touch, see, smell



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In collective worship, we will consider the following questions and quote. Why not discuss these at home?

- Do you think it is important to show a heart for the earth? Why?
- How might you show a heart for the earth in your thoughts and actions?
- 'Know that you are incredibly lucky to be alive at a time when you can make a transformative difference to the future of all life on Earth. You are not powerless. Your every action is suffused with meaning and you are part of the greatest chapter of human achievement in history' (Christiana Figueres)



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In our collective worships, we have been thinking about how we can show a 'heart for the earth' through our use of electricity. Hear your child's ideas about how electricity can be saved.